

Fitango Health for **CHRONIC CONDITIONS**

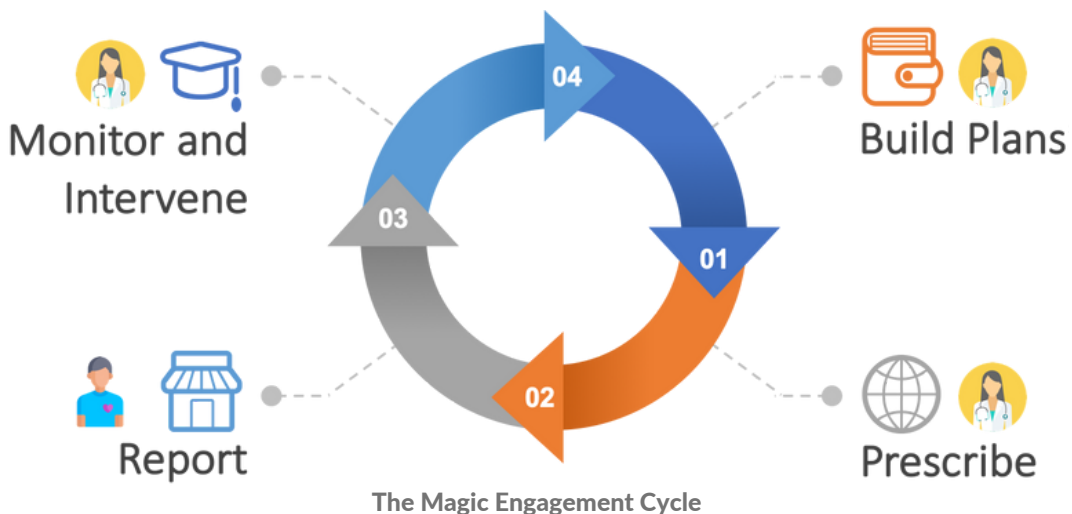
Engage and monitor chronically ill patients at home to improve long-term health outcomes and lower costs, while providing the highest level of personalized virtual care

Take Chronic Care To New Heights

Fitango Health's Virtual Care platform unites all stakeholders in a patient's care to support long-term treatment planning for patients with chronic conditions. Fitango actively engages patients and their families with interactive digital health content that can be monitored and customized over time.

Fitango's highly customizable platform enables you to build digital content and treatment plans for a variety of therapeutic areas and for all stages of chronic disease management. You can use Fitango's rich content library or easily upload your own content.

With Fitango, patients are empowered to be active participants in their care journey, and providers gain insight into their patients at home.



95%

Healthcare costs for older Americans can be attributed to chronic disease

<1%

Healthcare dollars spent on prevention to improve overall health

\$6.6B

Potential cost savings of reaching 10% of Americans with chronic disease

Source: National Council on Aging

Use Cases: Chronic Care Management

Post-Acute/Post-Discharge: Provide daily instructions for recovering from an acute procedure. Monitor progress with reports that patients submit from home and conduct telehealth appointments when questions arise.

Chronic Disease Management: Diabetes patients report on progress with diet, exercise, and blood glucose levels captured by Bluetooth-enabled devices for remote patient monitoring. Automated alerts notify care team members of the necessity for a telehealth visit when data falls in to critical ranges.

Care Management: Optimize care team workflows with collaborative features like Health Timeline, Communication Logs, Tasks & Follow-ups, telehealth, and secure messaging among care team members and between providers, patients, and their families.

Family/Caregiver At-Home Care: Caregivers for multiple sclerosis patients submit reports on patient progress from home so providers can make treatment plan adjustments as needed.

Clinical Trials Management: Collect data from trial participants and connect with participants directly. Create a feedback loop that participants will find easy to manage to increase participation and make data collection simpler.

Key Capabilities

- **Prescribe Digital Health Assets** - Build custom Action Plans, Education, & Adaptive Assessments
- **Telehealth** - Embedded Telehealth workflow with Secure Messaging for real-time communication
- **Appointments Management** - Schedule appointments and manage calendars
- **Alerts, Notifications & Escalations** - Notify providers when patient-reported values fall out of normal ranges, and send reminders to patients and families
- **Reimbursement Support** - through remote patient monitoring features
- **Access Content** - through Fitango's rich content library, or easily load your own
- **API-Based Implementation** - select modules to easily fill gaps in workflows with a single-step integration
- **Gamification & Social Support:** Incentivize patients with points, motivators, and stakeholders that sit on the platform
- **Engagement and Monitoring:** Actively engage individual patients and monitor their adherence
- **Population Health Analytics:** Analyze cohorts or the whole population to get new insights about your patients