

# FITANGO HEALTH *FOR ORTHOPEDICS*

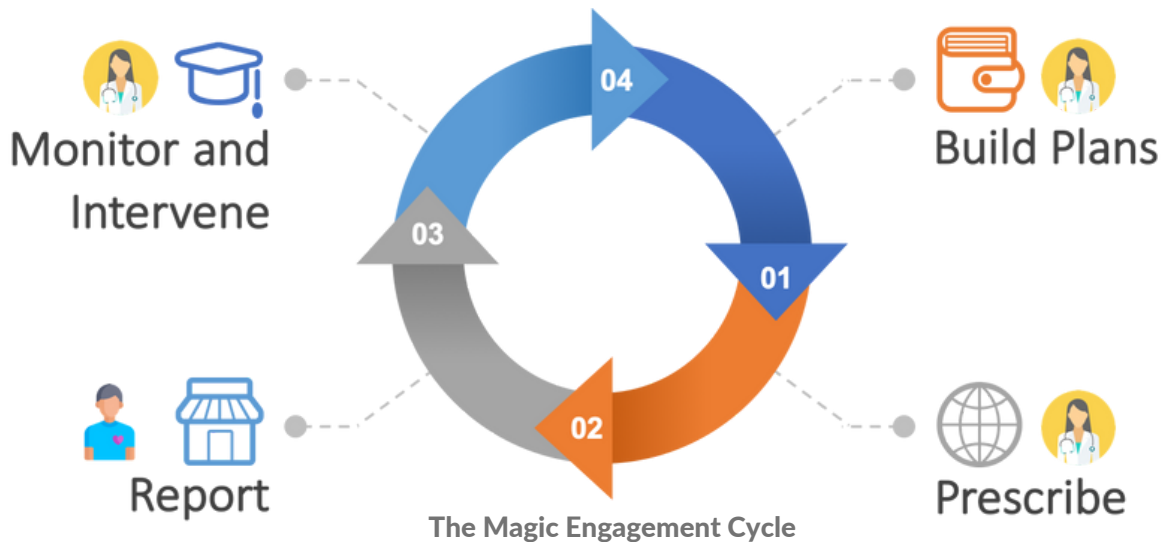
Fitango Health improves the experience, cost, and health outcomes for orthopedic patients by extending the provider's reach from the hospital to the patient at home

## Take Your Orthopedics Practice to New Heights

With the Fitango Health platform, orthopedists and orthopedic surgeons can prescribe patients with digital treatment and recovery plans that can be monitored over time. Providers engage patients and families directly, leading to better outcomes and lower readmission rates.

Patients and families can access relevant educational material for pre- and post-operative care, and can be prescribed recovery or rehabilitation guidelines on which they can easily report their progress from home. Providers have access to Fitango's rich orthopedic content library, and can upload existing content from their organization and other sources.

Fitango helps providers implement reimbursable remote care workflows that can be worth up to \$150 per patient per month.



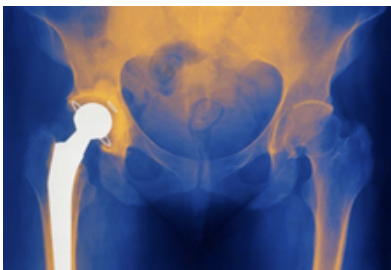
# Use Case: Post-Operative Recovery Workflow

Providers and discharge planners can interactively empower orthopedic surgery patients throughout the treatment and recovery process, fostering an intuitive experience where patients can be supported in their path to improved health.

Through building and prescribing custom digital health assets as part of the discharge process, patients at home are actively engaged in their recovery.

The following is an example of content prescription for a hip replacement surgery:

## Pre-Surgery and Day of Surgery



- **Education:** Preparing for Your Hip Replacement; Pre-surgical check-list
- **Assessment:** Pre-operative pain and function

## Post-Discharge (1-2 Days Post-Surgery)



- **Education:** Wound Care, Dos and Dont's After Discharge
- **Assessment:** Pain Tracker

## 4+ Days After Surgery



- **Recovery Plan:** Recovering from Your Hip Replacement: Daily Activities
- **Assessment:** Lower Extremity Functional Scale

## Key Capabilities

- **Prescribe Digital Health Assets** - Build custom Action Plans, Education, & Adaptive Assessments
- **Telehealth** - Embedded Telehealth workflow with Secure Messaging for real-time communication
- **Appointments Management** - Schedule appointments and manage calendars
- **Alerts, Notifications & Escalations** - Notify providers when patient-reported values fall out of normal ranges, and send reminders to patients and families
- **Reimbursement Support** - through remote patient monitoring features
- **Access Content** - through Fitango's rich content library, or easily load your own
- **API-Based Implementation** - select modules to easily fill gaps in workflows with a single-step integration
- **Gamification & Social Support:** Incentivize patients with points, motivators, and stakeholders that sit on the platform
- **Engagement and Monitoring:** Actively engage individual patients and monitor their adherence
- **Population Health Analytics:** Analyze cohorts or the whole population to get new insights about your patients