

FITANGO HEALTH *FOR PEDIATRICS*

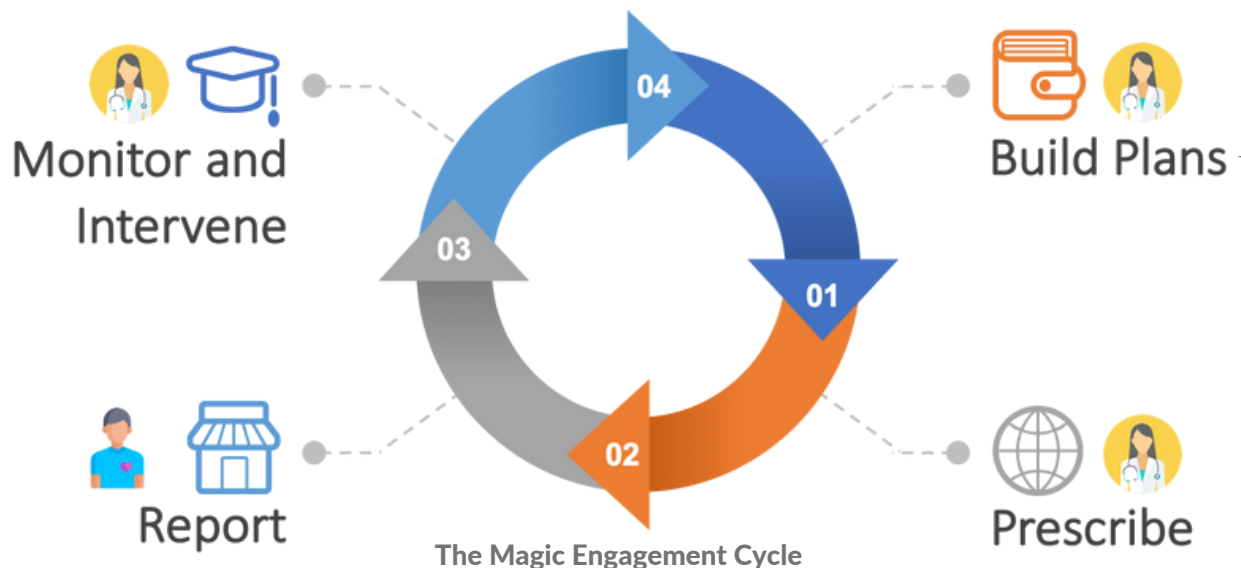
Substantially improve pediatric patients' treatment and recovery outcomes. Improve satisfaction, lower costs, and increase reimbursement with telehealth and RPM workflows.

Empower the Whole Family with Active Patient Engagement

The Fitango platform for pediatrics offers comprehensive engagement and education mechanisms that allow the patient, family members, and entire care team to become active participants in the child's care, with applications across the care continuum.

Providers can extend their reach to the patient's home, helping prevent unnecessary emergency visits and hospital re-admissions. Family members are prescribed Action Plans, educational material, and adaptive assessments specific to the unique needs of their child.

Gamification keeps pediatric patients engaged, while telehealth and secure messaging allows parents direct access to their child's providers. Telehealth and RPM workflows increase reimbursement opportunities.



Use Cases: Pediatric Workflows

Family/Caregiver At-Home Care: Caregivers for children who follow daily feeding plans submit reports from home so providers and care managers can make treatment plan adjustments as needed. Automated alerts notify care team members of the necessity for a telehealth visit or inpatient visit when data falls in to critical ranges.

Chronic Disease Management: Pediatric diabetes patients are engaged on the platform with custom plans, rewards, and incentives through gamification. Parents report on progress with diet, exercise, and blood glucose levels captured by Bluetooth-enabled devices for remote patient monitoring.

Post-Acute/Post-Discharge: Provide interactive daily instructions for recovering from an acute procedure and educational resources for parents caring for recovering children. Monitor progress with reports that patients' parents submit from home and conduct telehealth appointments when questions arise.

Care Management: Optimize care team workflows with collaborative features like Health Timeline, Communication Logs, Tasks & Follow-ups, Telehealth, and Secure Messaging among care team members and between providers, patients, and their families.

Key Capabilities

- **Prescribe Digital Health Assets** - Build custom Action Plans, Education, & Adaptive Assessments
- **Telehealth** - Embedded Telehealth workflow with Secure Messaging for real-time communication
- **Appointments Management** - Schedule appointments and manage calendars
- **Alerts, Notifications & Escalations** - Notify providers when patient-reported values fall out of normal ranges, and send reminders to patients and families
- **Reimbursement Support** - through remote patient monitoring features
- **Access Content** - through Fitango's rich content library, or easily load your own
- **API-Based Implementation** - select modules to easily fill gaps in workflows with a single-step integration
- **Gamification & Social Support:** Incentivize patients with points, motivators, and stakeholders that sit on the platform
- **Engagement and Monitoring:** Actively engage individual patients and monitor their adherence
- **Population Health Analytics:** Analyze cohorts or the whole population to get new insights about your patients

Use Case: Pediatric Feeding Plans for St. Mary's Hospital for Children

In collaboration with Saint Mary's Healthcare System for Children in New York, Fitango Health developed a digital feeding plan for patients' parents to report for children diagnosed with feeding and/or swallowing disorders. The use of Fitango's customizable assessment technology enabled St. Mary's to integrate an easy-to-use digital solution to address clinical and behavioral aspects of feeding disorders and develop a treatment plan tailored to a patient's specific needs. In parallel, Fitango enabled St. Mary's team to monitor their patients' progress and intervene or make adjustments when necessary.

With Fitango Health API's, St Mary's utilized the assessment builder tool, allowing their users to build and assign personalized assessments to individual patients or cohorts of patients. Care providers could customize the time period and reporting schedule with flexible configurations. Fitango's robust notifications and alerts functionality was deployed, allowing parents to complete assessments and feeding plans via SMS, email, or push notification. Similarly, the care management team is notified in real-time if a patient reports a value outside of the normal range. Per St. Mary's requirements, feeding plans were made accessible and easy to complete via web and iOS or Android mobile applications.

Fitango Health's telehealth API offering proved valuable for the St. Mary's team, allowing care team members to schedule and conduct video-conferencing appointments from anywhere at any time. The API-based solution enabled the St. Mary's team, to easily combine and integrate all these features, creating an essential flow of information and bilateral exchange generating better health outcomes and increased patient satisfaction all while reducing administrative and healthcare costs associated with traditional care.

