

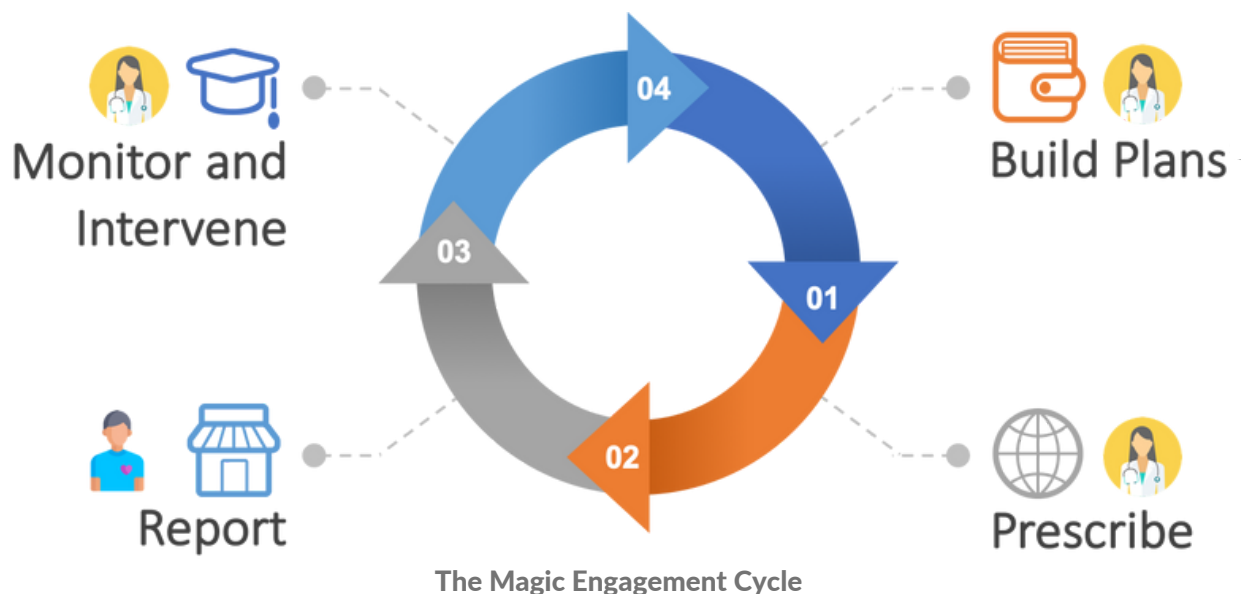
Fitango Health *for Rehabilitation*

Support long-term rehabilitation treatment planning. Build and prescribe custom programs for patients, provide individualized care, monitor patients remotely to lower costs, and improve patients' quality of life

Deliver Superior Care Beyond the Point-of-Care™

Fitango Health's Virtual Care platform can help you address patient needs throughout the patient journey. Providers can prescribe personalized treatment plans and actively engage patients with digital health content including Action Plans, educational material, and adaptive assessments. The platform supports provider workflows with remote monitoring tools and allows you to collaborate with care team members, uniting all stakeholders on one platform.

The platform enables you to deliver the next generation of virtual care by allowing clinicians to monitor patients remotely and provide patients and their families with the resources they need to stay healthy at home.



Use Cases: Physical Medicine & Rehabilitation

Post-Acute/Post-Discharge: Provide daily instructions for recovering from orthopedic procedures such as hip replacement surgery. Monitor recovery progress via PRO submitted from the patient's home. Conduct telehealth appointments and secure messaging when questions arise.

Chronic Condition Management: Patients report on pain levels, exercise, medications, and biometrics captured by Bluetooth-enabled devices. Automated alerts notify care team members for intervention when patient-reported data or AI-based predictions falls outside of normal values.

Care Management: Optimize care team workflows with collaborative features like Health Timeline, Communication Logs, Tasks & Follow-ups, Telehealth, and Secure Messaging among care team members and between providers, patients, and their families.

Family/Caregiver At-Home Care: Family members or caregivers for complex conditions (e.g., multiple sclerosis) patients submit reports on patient progress from home so providers can make treatment plan adjustments as needed.

82%

of consumers view digital options as the best way to monitor health

Source: McKinsey, *Payer Insights*, 2017

80%

adherence to at-home therapy versus between 30% and 70% for traditional therapy

Source: Cleveland Clinic, *The Journal of Knee Surgery*, 2018

Key Capabilities

- **Prescribe Digital Health Assets** - Build custom Action Plans, Education, & Adaptive Assessments
- **Telehealth & Secure Messaging** - Embedded Telehealth workflow for real-time communication
- **Remote Monitoring** - Track patient progress on self-reported plans and measure adherence & engagement over time
- **Alerts, Notifications & Escalations** - Notify providers when patient-reported values fall out of normal ranges, and send reminders to patients and families
- **API-Based Implementation** - select modules to easily fill gaps in workflows with a single-step integration
- **Gamification & Social Support:** Incentivize patients with points, motivators, and stakeholders that sit on the platform
- **Engagement and Monitoring:** Actively engage individual patients and monitor their adherence
- **Population Health Analytics:** Analyze cohorts or the whole population to get new insights about your patients